

## Spa Facial Treatments

All of our luxurious facial treatments include a thorough skin consultation, diagnosis and aftercare advice.

**Revitalising Express Facial** 30mins **\$60**  
This treatment is designed for busy people who appreciate the value of regular facials to maintain their skin. Involves: cleanse, exfoliation, mask and hydration. A great add on to other therapies.

**Skin Radiance Facial** 60mins **\$100**  
Whether you have dry, mature, sensitive, combination, oily or acne, this tailored treatment with active products will leave skin refined, calm and rejuvenated. Suitable for all skin types and ages. Includes your choice of hand, scalp or foot massage.

**CinnamonStix Essential Facial** 75mins **\$115**  
A rejuvenating therapy, including a soothing back massage, is individually adapted to target and meet specific needs for ultimate skin pleasure. Relaxing pressure point stimulation, lymphatic drainage and neck/scalp massage will ensure you emerge balanced and re-energised. This is our signature treatment.

**Advanced Skin Care Treatment** **\$100**  
Professional Glycolic Peel (Priori)  
Advanced skin care treatment to treat visible signs of aging, sun damaged, rough, dull skin, pigmentation, scarring and acne. Your skin will be younger, smoother and energised.

**Electrolysis** (Permanent Hair Removal)

Up to 10 mins	<b>\$35</b>
15mins	<b>\$50</b>
20mins	<b>\$60</b>
30mins	<b>\$75</b>

### Cosmetic Therapy

Performed by a Medical Practitioner. Treatment includes complimentary express facial or express manicure.

Consultation	<b>\$60</b>
Anti-Wrinkle Therapy	<b>POA</b>
Lip Enhancement	<b>POA</b>



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## Spa Body Therapies

<b>Massage</b>	30 mins	<b>\$50</b>
	60 mins	<b>\$75</b>
	90 mins	<b>\$115</b>

Incorporate our aromatherapy balms and specific techniques to enhance your therapeutic massage.

**CinnamonStix Body Exfoliation** 45 mins **\$75**  
An invigorating salt scrub will restore radiance and softness to the body. Your body will be brushed and buffed to improve circulation and is completed with the application of a nourishing Decleor body balm.

**Kinesiology** 60 mins **\$80**  
A system of natural health care which combines the principles of eastern traditions and muscle monitoring to assess energy, body function and stress, applying a range of gentle, non-invasive yet powerful healing techniques to improve health, wellbeing and vitality.

**Hot Stone Therapy** 75 mins **\$110**  
A soothing and calming massage treatment using warm volcanic basalt stones to aid deep relaxation and release muscle tension.

**CinnamonStix Body Wrap** 60 mins **\$120**  
A complete body and wellbeing therapy consisting of an exfoliation treatment, followed by the application of a luxurious mask, with powerful plant extracts that covers the entire body. Enjoy a relaxing scalp massage while wrapped. Your entire body will be renewed and hydrated. Add a therapeutic massage for a complete body experience.



## Hands and Feet

**Express Manicure** **\$28**  
Buff, file and polish

**Spa Hand Ritual** **\$60**  
Enjoy a hydrating soak, exfoliation, moisturising massage, nail and cuticle work, buff and polish

**Express Pedicure** **\$38**  
Buff, file and polish

**Spa Foot Ritual** **\$70**  
Discover the repairing benefits of a soak, exfoliation, soothing mask, massage, nail and cuticle work, buff and polish

**Paraffin Wax Treatment** **\$20**  
For ultimate hydration and repair of hands or feet. Add to any manicure or pedicure treatment.

**Spa Hand and Foot Ritual Combination** **\$120**

**Bio Sculpture Gel Nails** **\$65**

**French Finish (Add On)** **\$20**

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## Spa Packages

**Zen Chi** 75 mins **\$120**  
Start with a peppermint foot scrub. File, buff and polish of your toes. Hand, foot & scalp massage included to stimulate the energy zones. Finish off with a moroccan hair oil treatment, head massage & blow wave.

**Energy Boost** 90 mins **\$135**  
Enjoy the benefit of a reflexology foot massage to promote healing and relaxation throughout the body. An invigorating dry brush body exfoliation promotes circulation and energy flow, also removing dry and damaged skin cells. A soothing body balm will be massaged into the skin to ensure thorough hydration and repair.

**Peace Out** 105 mins **\$160**  
Begin with a calming foot soak and salt scrub to relieve stress and ground your energy. Then, together with your therapist, design a therapeutic massage to meet your personal requirements, finishing with our express facial and soothing scalp massage. Feel refreshed and revitalised.



## Spray Tanning

Choose from 3 different shades for your healthy golden brown, natural looking tan.

Full body	<b>\$40</b>
Half body (upper or lower)	<b>\$30</b>
Three-quarter body (exclude torso)	<b>\$20</b>
Dry brush full body exfoliation	<b>\$15</b>

## Tinting

Eyelash Tint	<b>\$18</b>
Eyebrow	<b>\$18</b>
Eyelash and Eyebrow	<b>\$35</b>

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## Hair Salon

Ladies Cut	\$45
Mens Cut	\$25
Men's Clipper Cut	\$15
Kids	From \$10
Blow Wave	From \$30
Straightening	From \$35
Set	\$30
Hair Up	From \$55
Semi Permanent	\$55
Tint (Regrowth)	\$65
Full Tint	From \$80
Foils Partial	From \$55
Foils Half Head	From \$85
Foils Full Head	From \$120
Colour Correction	From \$100
Deep Moisture Treatment and Blow wave	\$40
Perm	From \$80
Global Keratin Hair Taming (Straightening)	POA

## Waxing

Wax Brow	\$12
Wax Lip	\$12
Wax Chin	\$12
Wax Chin, Brow, Lip	\$30
Wax Underarm	\$15
Wax 1/2 Arm	\$18
Wax 3/4 Arm	\$25
Wax Full Arm	\$30
Wax Half Leg	\$30
Wax 3/4 Leg	\$30
Wax Full leg	\$45
Wax Male Full Leg	\$50
Wax Male Half Leg	\$48
Wax Full Leg & Bikini	\$60
Wax Bikini Line	\$28
Wax G String Bikini	\$50
Wax Brazillian	\$55
Wax Nasal	\$20
Wax Stomach	\$15
Wax Male Stomach	\$25
Wax Male Chest & Stomach	\$38
Wax Male Back & Shoulders	\$40



## Weddings & Special Events

Cinnamonstix is perfect for any special occasion. We can cater for you in the salon or at your location.

We are happy to provide a quote for your event. Please discuss your requirements with Ella McRae.

Pre-wedding packages for 'her' and 'him' available.

**Hair & Make Up Consultation** \$150

**Hair**  
Bridal Hair Styling \$100  
Bridesmaid / Debutant / Other \$100

**Make Up**  
Bridal \$90  
Bridesmaid / Debutant / Other \$40

**On Site Costs**  
Exclusive use of the salon per hour \$150  
Includes unlimited Organic Fair Trade coffee, herbal teas and a bottle of champagne.  
Platters of delicious local produce can be included per person \$35

**Off Site Costs**  
Travel Cinnamonstix to destination \$2.00 per km  
Return trip  
Qualified Hair Dresser / Therapist \$85  
Apprentice / Assistant \$20

**Sundays / Public Holiday Loading**  
Fully Qualified Therapist / Hairdresser \$100  
Apprentice / Assistant \$35

Birthdays, hens parties and special weekend packages are available. Talk to our friendly staff to arrange a tailored package.

10% DISCOUNT APPLIES TO

All Seniors with a valid Seniors Card

All Students with a valid Concession Card

All Group Bookings (Over 6 People)

Spa Booking and Cancellation Policy

To avoid disappointment during our busy periods, it is recommended that you book treatments in advance. Credit Card details or a deposit are required at the time of booking for all spa treatments to secure your booking. Please note that group bookings require a 50% deposit upon booking.

We understand that schedules do change, however we kindly ask that you please give us 24 hours notice if you need to alter or cancel your appointment. Bookings cancelled within 24 hours of your scheduled treatment will incur a 50% charge of the treatment value. Bookings that are deemed "No Shows" will be charged the full treatment cost.

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132 High Street, Mansfield

**PH: 03 5775 3133**

**Fax 03 5779 1403**

100m from roundabout,  
opposite tourist information centre



**CinnamonStix**  
hair & spa

**Relax, Rejuvenate & Renew**

Trading Hours

Tuesday	9am - 3pm
Wednesday	9am - 6pm
Thursday	9am - 8pm
Friday	9am - 6pm
Saturday	9am - 3pm
Sunday	Group Bookings

[www.cinnamonstix.com.au](http://www.cinnamonstix.com.au)

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